



Relationships & Sex Education Professional

Preparing schools for implementation of statutory Relationships Education, Health Education and optional sex education in 2020

Formulating and communicating your RSE vision and policy leading up to 2020

Delegates will:

- > Consider their vision for RSE in light of the new RSE guidance
- > Explore ways to consult with key stakeholders
- > Action plan an RSE communications strategy
- > Consider curriculum models and resources
- > Take away an example policy document

Working with parents around RSE

Delegates will:

- > Explore new RSE guidance recommendations for involving parents
- > Consider a number of strategies for engaging parents in RSE
- > Look at ways to manage parent concerns
- > Action plan or parental engagement in RSE

LGBT inclusion

Delegates will:

- > Consider LGBT inclusion in relation to legislation and guidance including the Equalities Act
- > Explore key terminology
- > Explore age appropriate resources
- > Action plan a whole school approach to LGBT inclusion

Practical approaches to RSE with KS1 & KS2

Delegates will:

- > Explore a range of activities and resources for delivering RSE to KS1 and KS2
- > Consider ways to assess learning
- > Look at ways to create a safe learning environment for RSE

Teaching about puberty in the new health education curriculum

Delegates will:

- > Consider key points from the new RSE guidance around puberty education
- > Explore activities and resources to teach puberty education for different year groups
- > Explore strategies for teaching about menstrual wellbeing

Catherine is a Relationships and Sex Education (RSE) Consultant with 19 years experience in supporting schools to develop effective RSE policy, curriculum and practice. She has led RSE development for two local authorities and is the founder of national RSE Day, celebrated in June each year. She currently leads RSE on a part-time basis for a local authority as well as delivering freelance through her company The RSE Service.



Catherine's work around RSE development has received national acclaim featuring in several key publications and mentioned in parliament. Catherine has experience of all aspects of RSE provision in schools, from policy development to delivery to pupils. Her specialisms are whole school primary RSE, LGBT inclusion and practical, engaging approaches to RSE delivery.

This set of 5 twilight sessions will fully prepare schools for implementation of statutory Relationships Education, Health Education and optional sex education in 2020. Starting with how to formulate and communicate a vision for RSE that will set the scene for discussions with parents and key stakeholders, leading to more practical aspects of delivery.

LINCOLN

Venue: MANOR FARM ACADEMY

Session 1: **Monday 23rd September 2019**

Session 2: **Monday 18th November 2019**

Session 3: **Monday 20th January 2020**

Session 4: **Monday 9th March 2020**

Session 5: **Monday 11th May 2020**

NOTTINGHAM

Venue: THE PAVILLION, HOGARTH ACADEMY

Session 1: **Thursday 26th September 2019**

Session 2: **Wednesday 20th November 2019**

Session 3: **Thursday 30th January 2020**

Session 4: **Thursday 26th March 2020**

Session 5: **Thursday 21st May 2020**

All sessions are 4pm-5.30pm

**COST: £75 per session or
£350 for all 5 sessions**

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